Dear Penn State Student,

We write knowing that recent events in Iran have caused deep concern for many. For those who call Iran home and have family and friends in the country, the turmoil taking place there and the causes for that turmoil deepen the anxiety. It is difficult and troubling for any of us to witness these events from afar, but for those with personal connections to the people and places directly affected the pain is bound to be more acute. We wish it was not so.

Please know that Penn State stands with you. We offer support in the best ways we can. The services listed below are ready to help, and you should not hesitate to reach out to any or all of them should you feel the need.

Counseling & Psychological Services can respond to any emotional and psychological needs that so often arise in such moments. More information about their services is found at http://studentaffairs.psu.edu/counseling/.

The Graduate School has many resources you can utilize while pursuing your graduate degree at Penn State. Below you'll find more information and links to additional services you have access to as a graduate student. Visit their website https://gradschool.psu.edu/graduate-student-life/ or contact graddeansoffice@psu.edu directly.

Penn State Global knows international Students contribute to the vibrant global community at Penn State. The site provides information for international students, highlighting support available- https://global.psu.edu/category/international-students

Student Care and Advocacy supports students in crisis and can help connect you to various resources that offer a range of support. Please do not hesitate to visit their site https://studentaffairs.psu.edu/studentcare or reach out to them at 814-863-2020, or at StudentCare@psu.edu.

The staff in these and other offices with which they work are eager to help you navigate the challenges this situation presents. And if immediate need arises, or presents itself outside the usual hours of operation for these services, don't hesitate to seek assistance through the Penn State Crisis Line at 1-877-229-6400, or text "LIONS" to 741741.

Ours is a University committed to certain values, including respect and community. We insist that all individuals in our community be treated with dignity and that all be welcomed. As equal members of our community, you have our deepest empathy and sincere support. Please let us know what we might do to help.

Roger Brindley, Vice Provost for Global Programs
Damon Sims, Vice President for Student Affairs